

UNSEEN BARRIERS: OVERCOMING UNCONSCIOUS BIAS IN THE WORKPLACE



Most people understand bias. We know that if we are biased against something or someone, we are not in favor of it or the person and if we are biased toward something or someone we are in favor of it or the person.

We know that our biases influence our decisions and how we treat others. And that knowledge means that we can do something about it to become more objective and make better decisions.

The problem arises when those biases are unconscious. In other words, when we are not aware of the subjective thoughts, attitudes and feelings that are affecting our behaviour.

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Read more at courses.shapingchange.com.au/unconscious-bias-training

